

RIDGEWOOD PRIMARIES

October Edition



PARENTAL ASSEMBLY - VJ

"The five S's of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit."

Children of Class VJ showcased an assembly on "Sports". Various types of Sports and their importance was presented in a creative way.



POSTER MAKING - VB

Good nutrition is one of the keys to a healthy life. We can improve our health by eating a balanced diet. We should eat food that contain vitamins and minerals. This includes fruits, vegetables, whole grains, dairy, and a source of protein. It was explained by class V B children through Poster Making Activity.



BINGO ACTIVITY – CLASS III

**"Words are free. It's how you use them that may cost you."
–Kushand Wizdom**

Bingo activity was conducted for Class III students where they were given the meanings and they had to write the words.



INTER –CLASS RANGOLI COMPETITION

Inter house rangoli competition was conducted on the occasion of Diwali.



MTNL HEALTH MELA

Our school participated in various events organized by MTNL Health Mela. We won the following prizes.

- Aerobics : 2nd prize.



- Dance: 2nd prize



INTER CLASS HINDI POEM RECITATION

Inter class hindi poem recitation was conducted for class I



CLASS ASSEMBLIES

SPECIAL ASSEMBLIES
WERE CONDUCTED ON
HEALTH AND NUTRITION.



A SPECIAL ASSEMBLY WAS CONDUCTED FOR DIWALI CELEBRATION BY CLASS 1



A COMBINED ASSEMBLY WAS CONDUCTED FOR CELEBRATING DIWALI. OUR PRIMARY WING PRESENTED A SONG.



"Champions keep playing until they get it right." — Billie Jean King

RYAN OF CLASS 5 B HAS WON A GOLD AND 2 SILVER IN AQUASTRIAN COMPETITION HELD AT GURGAON CLUB. IT WAS WON IN (BALL IN BUCKET) EVENT AND (STICK AND BALL), THE GOLD IN (DRESSAGE.)

